

Mountain Empire Unified School District
Benefits Contact Information

Member Advocacy		
Services	Contact	Telephone Number
Claims & Authorizations Access & Quality of Care, & Prescription Issues	VEBA Advocacy	888-276-0250
Carrier Contacts		
Carrier	Customer Service	Website
Employee Assistance Program (EAP)	888-625-4809	liveandworkwell.com Access code: veba
Kaiser Permanente	800-464-4000	my.kp.org/veba
UnitedHealthcare (UHC)	888-586-6365	whyuhc.com/csveba
(UHC Alliance plan) OptumHealth Financial	800-243-5543	optumbank.com
HealthInvest (HRA for Journey Plan)	844-342-5505	healthinvesthra.com
Journey Plan	888-586-6365	journeyplan.org
Optum Health Chiro/Acupuncture	800-428-6337	myoptumhealthphysicalhealthofca.com
Delta Dental PPO	866-499-3001	deltadentalins.com
Vision Service Plan	800-877-7195	vsp.com
Best Doctors	866-904-0910	members.bestdoctors.com
Express Scripts	800-918-8011	express-scripts.com
National Business Services (NBS)	855-399-3035	http://my.nbsbenefits.com